KLEIN OAK



SAC CAMP

WEEK	DATES		
1	June 9 th – 12 th		ALL FOOTBALL PLAYERS GRADES 9-12
2	June 16 th – 19 th	SESSION 1:	REPORT TIME: 7:00 a.m.
3	June 23 rd – 26 th	SESSION I.	FOOTBALL SSI: 7:30 a.m. to 8:00 a.m.
J	NO SAC the week of JUNE 30 th		SAC WORKOUT: 8:00 a.m. to 10:00 a.m.
	NO SAC THE WEEK OF JOINE 30		
4	July 7 th – 10 th		
5	July 14 th – 17 th		ALL OTHER SPORTS
		SESSION 2:	REPORT TIME: 9:30 a.m.
6	July 22 nd – 25 th		SAC WORKOUT: 10:00 a.m. to 12:00 p.m.

IMPORTANT INFORMATION

- \$135 camp fee.
- Must bring a gallon water jug/container to camp, daily.
- Changes to schedule or camp cancellations due to inclement weather will be made through SportsYou.
- All athletes are strongly encouraged to eat properly and continuously hydrate in preparation for workouts.
- All athletes must sign-in daily by scanning the QR code for their alphabet at the check-in table.
- Athletes must be signed up for SAC to participate in SSI workouts

ONTACT INFORMATION

- Coach Loyd, S&C Coordinator: mloyd1@kleinisd.net
- **Sports Medicine:** 832-484-4805
- Klein Oak Athletics Office: 832-484-4801





